



PHILIPS

Kitchen
Appliances

Inspired by
Jan van Huysum
smoothie recipe

Jan van Huysum, *Still Life with Flowers and Fruit*, c. 1728

RIJKSMUSEUM AMSTERDAM

Oil on panel, h 66.5cm x w 52cm

Get inspired by Dutch master juices

Our inspiration for our delicious healthy drinks came straight from the Dutch masters themselves. Using fruits and vegetables found in their famous still life paintings, we've created a series of Dutch master juices and smoothies for you to enjoy.



**Jan van Huysum,
Still Life with Flowers and Fruit,
c. 1728**

RIJKSMUSEUM AMSTERDAM
Oil on panel, h 66.5cm x w 52cm

As his career progressed, Van Huysum produced floral still lifes that were increasingly exuberant. His palette became lighter and more transparent and he set his still lifes against a park-like background. Here the fruit, grapevine and hollyhocks are arranged so loosely and precariously that they risk tumbling from the marble plinth.

**On display at Rijksmuseum,
room 1.1**

Inspired by Jan van Huysum smoothie recipe

Serves 3 portions

Each portion accounts for 1 of your 5-a-day and is a good source of vitamin C and fibre. This smoothie was created with the Philips High Speed blender.

Liquid

400 ml Water

Vegetable

100g Pumpkin - Peeled and seeds removed

Fruit

1 Orange - peeled

1 Apple - core removed

1 Peach - core removed

½ Papaya - peeled and seeds removed

NOTES


Alternative Ingredients: The smoothie can also be adjusted to account for seasonal availability. For example, squash can be substituted for pumpkin while papaya can be substituted for mango or pineapple.



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Inspired by
Anthony Oberman
juice recipe



Anthony Oberman, Still Life with Fruit in a Terracotta Dish, c. 1830
RIJKSMUSEUM AMSTERDAM
Painting, h 49.5cm × w 44cm

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**Anthony Oberman,
Still Life with Fruit in a
Terracotta Dish,
c. 1830**

RIJKSMUSEUM AMSTERDAM
Oil on panel, h 66.5cm × w 52cm

Originally, horses were Oberman's speciality. However, there was little demand for the genre in the Netherlands, so around 1825–1830 he switched to painting still lifes of flowers and fruit. This fruit arrangement includes both native and glasshouse-cultivated varieties which were available around 1830 in the Netherlands, although in different seasons. This harvest includes plums, quinces, peaches and currants.

**On display at Rijksmuseum,
room 1.14**

Inspired by Anthony Oberman

juice recipe

Serves 2 portions

Each portion accounts for 1 of your 5-a-day. It is high in vitamin C and vitamin K and a good source of folic acid.

This juice was created with a Philips Masticating Juicer.

Vegetable

½ Chili – Seeds removed
½ Cucumber

Fruit

250g Strawberries
100g Raspberries
100g Grapes
½ Orange – peel removed
½ Lemon – peel removed

Herbs

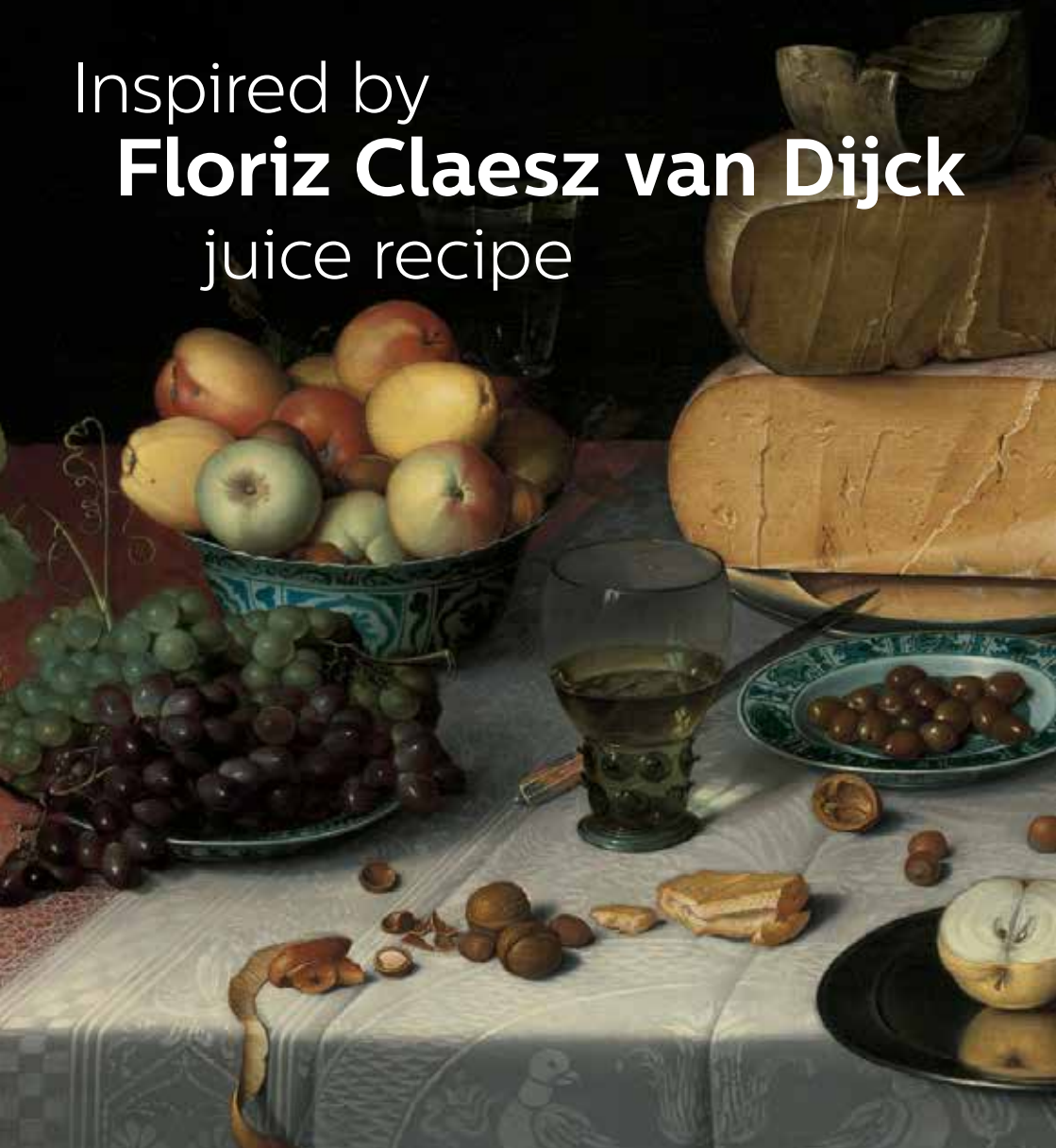
5 leaves of Mint



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Inspired by
Floriz Claesz van Dijck
juice recipe



Floriz Claesz. van Dijck, *Still Life with Cheese*, c. 1615
RIJKSMUSEUM AMSTERDAM
Oil on panel, h 82.2cm × w 111.2cm

Get inspired by Dutch master juices

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Floris Claesz. van Dijck, Still Life with Cheese, c. 1615

RIJKSMUSEUM AMSTERDAM
Oil on panel, h 82.2cm x w 111.2cm

Fruit, bread, and cheese – grouped by type – are set on a table covered with costly damask tablecloths. The illusion of reality is astounding; the pewter plate extending over the edge of the table seems close enough to touch. The Haarlem painter Floris van Dijck ranked among the pioneers of Dutch still-life painting.

On display at Rijksmuseum
in Eregalerij

Inspired by Floris Claesz van Dijck juice recipe

Serves 2 portions

Each portion accounts for 1 of your 5-a-day and is a good source of vitamin A.

This juice was created with a Philips Centrifugal Juicer.

Vegetable

½ Carrot
1cm of Ginger

Fruit

1 Green Apple
1 Pear
½ Lemon – peeled

Herbs

5 leaves of tarragon

